

SurveyInstructions

- Please answer ALL of the sections in the survey, even if they do not seem to be directly relevant to you. Your information is essential for this study and may also be important for studies of other types of cancer. Everything you tell us will be treated in the strictest confidence but you are free to leave blank any specific questions that you do not wish to answer.
- If you are not sure of the correct answer, please give us your best estimate. We are asking many different people the same sets of questions and we are very interested in the different types of responses.
- To make the questionnaire easier to complete, we have mostly used boxes that you can mark with either a cross. For example, if your answer is YES then please mark it clearly like this example.
- Some of the questions ask you for a short written answer. If you need extra space for your answers,
 please use the space on the last page.
- Please detach the first page (invitation letter and copy of consent forms) for your records. Then fill in the Survey (pages 3-10), sign both consent forms (pages 11 and 12) and return the Survey and consent forms in the envelope provided.
- If you would prefer to complete the survey online, please visit www.qskin.qimr.edu.au and follow the links to the survey. To gain access, please use your username and unique password on the front cover. If you complete the survey online, you do NOT need to send in this paper survey.

Section A. First some que	stions about YOU
Birth and Residence	
Q1. How old are you?	ears of age
Q2. What best describes your current situation?	
☐ 1 Never married ☐ 4 Widowe	d
2 Married 5 Divorced	d
3 Defacto / living with a partner 6 Separate	ed
Q3. Where were you born?	
Town / City	
State / Province	
State / Province	
Country	
Q4. If you were born overseas: How old were you when you move	ved permanently to Australia? years of age
Q5. How many YEARS of your life have you lived in the following	ng three regions of AUSTRALIA: (to the nearest year)
Darwin	
Broome Townsville Tropic of Capricorn Reskhamaton	Northern region
Rockitalliptori	
Geraldton	Central region
Perth	Southern region
Adelaide Melbourne	
Hobart	Northern region Central region Southern region
Where did you live the longest as a child/youth (up to age 20 years)? (see map above)	1 2 3 —

many years. State/Province AND Country that you			where you lived, and for ho Years as a child/youth (aged 0-20 (more than years old) years old)
Do you have private health insurance	202	Yes No	
bo you have private health insurance		1 2	
		Yes No	
Are you a veteran; war widow/er; or carer, dependant of a veteran?	spouse,		
What is your ancestry? (That is, who (Many people have mixed ancestry. Pl			om?)
English	Scottish	☐ Iri	sh
German	Dutch	P	olish
Italian	Serbian	□ c	roatian
Maltese	Greek	П Т	urkish
Lebanese	Indian	□ c	hinese
Filipino	Vietnamese	□ s	outh American
Aboriginal or Torres Strait Islander	South Sea Islar	nder 🗌 A	ustralian
Other (please specify)			
ation and work			
What is the highest qualification you	u have completed?		
No school certificate or other quality	fication		
2 School or intermediate certificate (
3 Higher school or leaving certificate			
4 Trade / apprenticeship (e.g. hairdre			
5 Certificate / diploma (e.g. child care	·		
6 University degree	s, toomnoidiny		
Which of the following best describe	es you NOW?		
		4 Unemploy	ed
☐ 1 Full-time worker		☐ ₅ Student	
1 Full-time worker 2 Part-time worker		· L J J Ottadont	
		6 Retired	
2 Part-time worker		: =	

Section B. Some questions about your colouring and skin

Skin	colour				
Q11.	How would you rate your natural skin colour on areas never exposed to the sun (like under your arm)?				
	☐ ₁ Fair	☐ 3 Olive / Dark			
	2 Medium	☐ ₄ Black			
		: 🖵			
Skin	type				
	•	nutes in the middle of the day for the first time in summer,			
WIZ.	without protecting your skin with sunscreen or clot				
	1 Not burn	☐ ₃ Burn moderately			
	2 Burn a little	4 Burn badly			
Q13.		s in the sun, without protecting your skin with sunscreen			
	or clothing. Which of the following would happen to y	•			
	1 Not tan	☐ ₃ Tan moderately			
	2 Tan lightly	☐ 4 Tan deeply			
Eye	colour				
Q14.	What colour are your eyes?				
	☐ ₁ Blue	☐ ₅ Brown			
	2 Grey	Other (please specify)			
	3 Green				
	4 Hazel				
Hair	colour				
	What was your NATURAL hair colour when you we	re 21 years of age?			
9.10	_				
	1 Red / Auburn	☐ 4 Black			
	2 Dark brown	l ₅ Light brown			
	3 Blonde				
Frec	kles				
Q16.		LES on your face did you have at the end of summer?			
	Match your answers with the pictures below. Please cross one box				
	1 I had no freckles	ໄດ້ຂໍ້⊛ົງ 🔲 ₃ I had some freckles			
	2 I had a few freckles	☐ ₄ I had many freckles			

R/I	_	I -	_
IVI	\mathbf{n}		

Moles are small brown or black spots on the skin, either raised or flat. Moles usually develop before age 20. They do not change in appearance after sun exposure.

17 When you were 21 years of age, how many MOLES did you have on your skin? Match your answers with the pictures below. Please cross one box 1 I had no moles ∃ I had some moles 2 I had a few moles 4 I had many moles Please count the MOLES on your LEFT UPPER ARM (from shoulder to elbow only) that are larger than this dot (2mm) (Tip: use a mirror, or ask somebody to help count the moles on your LEFT UPPER ARM) **How many of those moles are larger than 5 mm?** (that is, larger than this dot) Section C. Some questions about sun exposure and sun protection Q18. About how many times were you sunburned so badly that you were sore for at least 2 days, or your skin peeled.. 50+ 21-50 11-20 6-10 1-5 times times times times times Never ..as a child? (less than 10 years old) ..as a teenager/youth? (10-20 years old) ..as an adult? (more than 20 years old) Q19. Do you ROUTINELY (that is, most days) apply sunscreen, including moisturisers or makeup with a sun protection factor (SPF), regardless of whether or not you are going out in the sun? please cross all that apply 1 Yes – to my face 3 Yes – to other parts of my body 2 Yes – to my hands/forearms 4 No 20. Thinking about ALL of the times when you were outside in the sun during the past year, about how often did you: Less than 50% More than 50% All Never of the time of the time the time Apply sunscreen? (OTHER THAN moisturisers/makeup with an SPF) Wear a hat?

Q21.	At each of the following ages/time periods, please in the sun EACH DAY MONDAY to FRIDAY?	0-1 hrs	v many HOURS you	typically spent or 2-3 hrs	utdoors and 4+ hrs
	in the past year	1	2	3	4
	aged 10-19 yrs	1	2	3	4
	aged 20-29 yrs	1	2	3	4
	aged 30-39 yrs		2	3	
	SATURDAY/SUNDAY?	. —	_	_	
	in the past year	1	2	3	4
	aged 10-19 yrs	1	2	3	4
	aged 20-29 yrs	1	2	3	4
	aged 30-39 yrs	1	2	3	4
		•			
Q22.	How many times IN YOUR WHOLE LIFE have you used sunbeds or tanning beds?	Never	1-5 6-10 2 3	11-20 21-50 4 5	50+
	How old were you when you first used sunbeds or tanning beds?		years of age OR	☐ ₁ Not applica	ble
	Section D. Medical hist	ory: yo	u and your fan	nily	
			·		
Q23.	In general, compared to other people, would you	Excellent	Very Good G	ood Fair	Poor
	say your health is?	1	2	3 4	5
Q24.	About how many separate SKIN CANCERS (but not moles or warts) have you ever had CUT OFF	20+ skin cancers		skin 1 skin cers cancer	None
	your skin?	1	2	3 4	5
Q25.	About how many separate SUNSPOTS or SKIN CANCERS have you ever had FROZEN or BURNT	50+ sunspots	21-50 11-20 sunspots	6-10 1-5 sunspots sunspot	s None
	OFF your skin?	1	2 3	4 5	6
Q26	On average, how often have you taken the following	common m	nedications during t	he PAST YEAR? cre	oss one box
		Never	Less than 1/month	Less than 1/week	More than 1/week
	PARACETAMOL (such as Panadol, Panamax, Tylenol, Dymadon)	1	2	3	4
	ASPIRIN (such as Aspro, Disprin, Bex, Vincents, Alka-Seltzer)	1	2	3	4
	ANTI-INFLAMMATORIES (such as Nurofen, Brufen, Ibuprofen, Indocid, Voltaren)		2	3	4
	(Such as Transler, Druteri, Ibaproferi, Indocia, Voltareri)				
	CORTICO-STEROID tablets by mouth (such as Cortisone, Hydrocortisone, Prednisolone, Dexamethasone)	1	2	3	4
	CORTICO-STEROID tablets by mouth (such as Cortisone, Hydrocortisone, Prednisolone,	ш.	_	_	4
	CORTICO-STEROID tablets by mouth (such as Cortisone, Hydrocortisone, Prednisolone, Dexamethasone)	ш.	_	_	4

Q27.		Highly Sinlikely		same as other Queenslanders	Don't know 3 Somewhat more likely 4	Highly likely
	reflects your chance of getting melanoma in the fut			%		
	Section E. Some questions about	t your w	/eight, h	neight and	lifestyle	
Q29.	How tall are you?			cms C	OR ft	ins
Q30.	About how much do you weigh <u>now</u> ?			kg		
	About how much did you weigh at age 21 years? Clothing Size - please complete one of the following:			kg		
Q0Z	for MEN: What is your trouser size <u>now</u> (waist)?			cms C	R	inches
	for WOMEN: What is your dress size <u>now</u> ?		Size			
Q33.	Have you ever been a regular smoker? (That is, have you ever smoked tobacco daily for at least 6 months?) How old were you when you started smoking regular.	lv?	Yes 1	No ☐ 2 → G years of age		
	Thom one word you whom you dearloss emoking regular	· y .		yours or ago	,	
	Are you a regular smoker now?		Yes	No 2		
	if No: How old were you when you stopped smoking	regularly?		years of age)	
	About how much do/did you smoke on average each	ch day?		Cig/da		
Q34.	How many alcoholic drinks do you usually have each	ch week?	one drink =	a glass of wine	e, pot of beer	or nip of spirits)
	None Less than 1 2-4 5-6	7-	13	14-20	21-27	28 or more
	1 2 3		5	6	7	8
	On how many days <u>each week</u> do you usually drink	alcohol?	(go to Q3	35 if you answe	red 'none' or	'less than 1')
	1 2 3	4	5		6	7 days
	1 2 3	4		5	6	7

	How many servings of (one serving = a piece of	of fruit, a 250ml cup o	of juice, or	паіт а сир (of vegetables	5)		
	Fruit					pieces per	⁻ day	
	Fruit juice					cups per d	lay	
	Vegetables (excluding potatoes)					servings p	er day	
Q36.	How many hours of sle night, on average?	eep do you usually (get each	0-5	6	7 8	9 5	10+
Q37.	On a scale of 1 to 10 ho (1 means you had little o						YEAR?	
	1 2	3 4	5	6	7	8	9	10
	1 2	3 4	5	6	7	8	9	10
Q38.	During the past 3 years	how many times has	s ALL or N	IEARLY AL	L of your ski	in been delil	berately chec	ked by
				Never	Once	2-5 times	More than 5 times	Don't remember
	A DOCTOR			1	2	3	4	5
	SOMEONE ELSE (e.g. s	spouse, partner)		1	2	3	4	5
	YOURSELF			1	2	3	4	5
	S	41 E MON	ENLON					
		ection F. WOM	EN ON	LY (men	please go	to Q45)		
Q39.	How old were you when			LY (men	please go	years of a	age	
Q39.				LY (men	please go	7	nge	
Q39.		ı your periods starte		LY (men		years of a	nge ➤ Go to Q42	
	How old were you when	ı your periods starte		LY (men		years of a	→ Go to Q42	
	How old were you when Have you been through If Yes: at what age? If Yes: How did your persons.	n your periods starte			Yes 1	No years of a	→ Go to Q42	
	How old were you when Have you been through If Yes: at what age? If Yes: How did your per a second some second s	n your periods starte		□ ₃ Aftel	Yes 1 1 1 a hysterectom	years of a	→ Go to Q42	
	How old were you when Have you been through If Yes: at what age? If Yes: How did your persons.	n your periods starte		□ ₃ Aftel	Yes 1	years of a	→ Go to Q42	
	How old were you when Have you been through If Yes: at what age? If Yes: How did your per a second some second s	n your periods starte menopause? eriods stop? RMONE REPLACEM	d? IENT THEI opausal sy	3 After 4 Horr	Yes 1 1 1 a hysterectom	years of a	→ Go to Q42	
Q40.	How old were you when the Have you been through If Yes: at what age? If Yes: How did your per a substitution of the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason? (or osteoporosis) That incompare the Have you ever used HO (HRT) for any reason?	menopause? eriods stop? RMONE REPLACEM For example for meno	d? IENT THEI opausal sy ts, patches	3 After 4 Horr	Yes 1 r a hysterectom	years of a	➤ Go to Q42	onths

42. Have you ever taken oral contraceptives or used injected	Yes No
contraceptives?	1 2
If Yes: for how long?	years months
Q43. How many children have you given birth to?	abildos a
(Please include stillbirths but do not include miscarriages; please write "0" if you have not had any children)	children
	Don't
Q44. Has a doctor ever told you that you have endometriosis?	Yes No know
	123
If Yes: was it diagnosed by	1 Surgery OR 2 Clinically (i.e. no operation
Ocation Octor MEN	and WOMEN
Section G: for MEN	
Q45. Have you ever been diagnosed with cancer other than	Yes No
skin cancer?	1 2
If yes: What type of cancer was it? (Please list up to 2)	When was it diagnosed?
1.	M M Y Y Y
2.	M M Y Y Y
Q46. Have you ever been diagnosed with any other serious	Yes No
disease that required treatment from a specialist Doctor?	1 2
If yes: What illness was diagnosed? (Please list up to 2)	When was it diagnosed?
1.	M M Y Y Y
2.	M M Y Y Y
Thank you for completing the survey. Please sign	n the two consent forms and return them
together with the Survey in th	
FURTHER INFOR	RMATION
If you would like to provide further detail about any of the o	
Question	
Number Comment	
Alternatively you may contest the Study Toom	
Alternatively you may contact the Study Team Phone: 1800 222 600 Fax: (07)3845 3502	Email: Qskin@gimr.edu.au

Q Skin PARTICIPANT CONSENT FORM – PART 1 OF 2

Q Skin relies on Queensland people sharing information about themselves. WE ARE ASKING YOU TO SIGN TWO FORMS. By signing this form (part 1 of 2) you are agreeing to take part in the Q Skin Study and for the Study team to follow your health over time. The second form (on the other side of this page) is required by Medicare Australia. By signing the second form you are agreeing to the release of Medicare information for the purposes of the Q Skin Study. Participation is completely voluntary, and you are free to ask questions or to withdraw from the Study at any time, by calling the Study helpline on 1800 222 600.

I agree to have my health followed over time through:

the Q Skin Study team following health and other records relating to me, including hospital records, cancer records, death records and other health-related records (such as Medicare Australia), as outlined in the Study information sheet Q Skin: Information for participants;

being contacted in the future to provide information on changes to my health and lifestyle. I may also be asked to provide further information including survey responses or biological samples; my participation in any of these would be completely voluntary.

I give my consent on the understanding that:

Full name of contact person:

Residential address of contact person:

Phone number of contact person:

Email address of contact person:

my information will only be used for the purposes outlined in the Study information sheet entitled *Q Skin: Information for participants*, of which I have a copy;

my information will be kept strictly confidential and will be used for health research only:

reports and publications from the Study will be based on de-identified information and will not identify any individual person taking part;

my participation in this Study is entirely voluntary and my consent will continue to be valid following death or disablement unless withdrawn by my next of kin or other person responsible. I am free to withdraw from the Study at any time by calling the Study Helpline on 1800 222 600.

my decision on whether or not to take part in the Study or in any additional research will not disadvantage me or affect my future health care in any way.

I have been provided with information about the Q Skin Study including how it will gather, store, use and disclose information about me, in the Study information sheet. I have been given an opportunity to ask questions and have been fully informed about the Study. Signature Today's date If you have any questions about the study please contact the Study Helpline on 1800 222 600. If you have any complaints you may contact the Chairman of the QIMR Human Research Ethics Committee by phoning the Secretary, on (07) 3362 0117. Contact details Your Your home mobile no.: phone no.: Your postal address: It would be very helpful if we could contact you in future by email. It would also reduce Study costs and our carbon footprint. If you are happy for us to do this, please write your email address below: Email address: Sometimes we find that people have moved when we try to contact them again. It would be very helpful if you could give us the contact details of someone close to you (such as a relative or friend) who we could contact if we are unable to reach you. We would only get in touch with that person if we were unable to contact you directly and we would need to tell them our reason for contacting you. Please leave this section blank if you do not wish to provide these extra contact details.



Q Skin PARTICIPANT CONSENT FORM – PART 2 OF 2

By signing this form you are agreeing to the release of **Medicare and/or Pharmaceutical Benefits Scheme** information for the purposes of the Q Skin Study.

- 1. I agree to be a Participant in the Q Skin Study.
- 2. I have been provided with information about this study including how this study will access, store, use and disclose information about me. I have been given an opportunity to ask questions and have been fully informed about this study. I understand that my participation is entirely voluntary and that my participation will not have any effect on my personal dealings with Medicare Australia.
- 3. My participation in this study will be from the consent/data extraction specified on this form, or to the end of this study.
- 4. I understand that this study is/may be ongoing, unless I am otherwise notified. In the event that this study exceeds the 10 year maximum period of consent, this study will be required to obtain a new consent form signed by me.
- 5. I understand that my details on this consent form will be provided to Medicare Australia.
- 6. I agree to Medicare Australia releasing the specified Medicare and/or Pharmaceutical Benefits Scheme (PBS) claims information about me to the Q Skin Study Team, and understand that this specified information will be collected, stored and analysed only for the purposes of this study.

- I understand that the specified Medicare and/or PBS claims information about me, released by Medicare Australia to the study, will be stored in secure facilities and accessed only by authorised personnel.
- I understand that the specified Medicare and/or PBS claims information about me will not be published in a manner that could identify me as an individual, during or after the conclusion of this study.
- 9. I understand that I can, at any time, withdraw my consent to participate in this study (and to the further release of my Medicare and/or PBS claims information). I understand that the effective date of this notification will be the date on which my withdrawal notice is received by the study, and that information about me collected prior to this date will continue to be used and form part of this study. Should I wish to withdraw my consent, I can do so by calling the study helpline on 1800 222 600. I also understand I may become ineligible should I no longer meet the criteria for the study.
- 10. I understand that specified information about me collected for the purposes of this study could be stored for a period of at least 10 years after the conclusion of this study, or until the completion of the evaluation of this study, whichever date occurs last. At the end of this period, this information will be destroyed.

Full Name:		Gender: Male Female
Medicare card number:	Date of birth:	MMYYYY
Residential address: Street number and name	Suburb	State Post Code
Contact Phone (Number:		
I consent for this study to obtain my Medicare (MBS) a	and Pharmaceutical B	enefits (PBS) claims history.
Consent/data extraction valid from today (please	e fill in the date belo	w) to: 30/09/2020
Signature	Today's date	
	D D N	I M Y Y Y
ONLY if participant is	s unable to sign:	
Signature of witness	Today's date	
	D D N	I M Y Y Y Y
Full Name of Witness:		
Reason Participant is unable to sign:		
Relationship to Participant:		
Thank you very muc		

Barcode